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Durability Enhancement of Low Ice Adhesion Polymeric Coatings

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6 Abstract

7 Icephobic performance of low-ice adhesion polymeric coatings has been studied intensively 8 for passive ice protection. However, limited efforts were conducted to identify strategies for enhancing the durability of the coatings to maintain low ice adhesion after erosion impact. In 9 10 this work, we developed and investigated several polyurethane-based nanocomposite and 11 fibre-reinforced coatings to understand the deteriorating behaviour of the coatings under rigorous impinging erosion tests and the subsequent impact on ice adhesion. The inclusion of 12 fillers resulted in up to 38 points increase in Shore hardness relative to the pristine PU 13 coatings. The ice adhesion strengths on 3 wt% nanoparticle-reinforced coatings after the 14 15 erosion tests were nearly halved, whereas, a 5-fold reduction was observed on 3 wt% fibre-16 reinforced coatings compared to that of the pure PU coatings. Our results indicated that the incorporation of fillers was effective in reducing the ice anchoring points, and that, after the 17 impingement, the icephobic performance was retained by either lowering surface roughness 18 19 or by minimizing surface deterioration. Fibres took a more effective role in limiting crack initiation and resisting crack propagation. The ice adhesion strength of the coatings increased 20 21 from 5.6 kPa to 8.4 kPa with 20 wt% carbon fibres incorporated PU coatings, essentially 22 keeping the adhesion below 10 kPa even after rigorous impinging tests and a ~10-fold 23 reduction in ice adhesion strength as compared to the pure PU coatings. The incorporation of

- the fibres led to enhanced durability and retention of excellent icephobic performance via a
- 25 mechanism that is adaptable to other polymeric coatings.
- 26 Keywords: Carbon fibres, ice anchoring, durability, icephobicity, polyurethane

27 1 Introduction

Polymeric surfaces and coatings have been a popular choice for passive ice protection and 28 many reports have indicated low ice adhesion strength on polymeric coatings and surfaces [1-29 4]. Polydimethylsiloxane (PDMS) and polyurethane (PU) are the major candidates in the 30 development of icephobic coatings, and their icephobic performance has been studied 31 32 intensively [5-7]. However, limited efforts have been paid on the durability of the coatings and their capability to maintain icephobic performance after erosion impact. Most studies 33 have either conducted icing/de-icing cycles [8-11], chemical stability [12-14], and/or 34 durability evaluation using mechanical methods (such as abrasion resistance, indentations, 35 scratch tests, and sandblasting etc.) [14-18]. Wu et al. [19] tested their sol-gel coatings by 36 nanoindentation, pencil-scratch resistance, and weight loss rate under different sandblasting 37 conditions, indicating that the measured ice adhesion strength was maintained below 70 kPa 38 after mechanically endured durability tests. Beemar et al. [20] reported an ice adhesion 39 40 strength at around 6 kPa, even after 1000 abrasion cycles on a PDMS gel surface. Zhuo et al. [21] measured an increase in ice adhesion strength from 12 kPa to 20 kPa after 800 abrasion 41 cycles on a PDMS coating. Liu et al. [22] carried out an impinging study on a PDMS 42 nanocomposite coating using a silicon carbide suspension at 37 m/s velocity and a liquid flow 43 rate of 72 mL/min, but did not re-evaluate the ice adhesion strength after the impinging 44 45 erosion.

The research interest to explore the inclusion of hard materials in a soft polymer matrix is overwhelming, and many studies have been conducted to investigate the mechanical properties of composites reinforced with fibrous and/or nano inclusions [14-18]. The key application areas of icephobic coatings are in aerospace and wind energy, both of which involve rigorous water droplet erosion. A leading edge of aircraft often suffers ice crystals impingement in sub-zero temperatures and/or rain droplets erosion. Wind turbine blades may 52 undergo severe water droplet impingement as well and coating erosion resistance under the 53 working conditions is also critical. Therefore, the designed icephobic coatings need to resist 54 such surface erosion damage (morphological and/or topographical) that may deteriorate the 55 icephobic performance.

In this study, polyurethane (PU) based low ice adhesion coatings were formulated and 56 57 reinforced with nanoparticles and micro-fibres. The main aim of this study was to explore an effective approach to enhance the durability of the icephobic coatings. The incorporation of 58 micro-fibres and nanoparticles in this work was driven by the need to enhance durability in 59 surface icephobicity under erosion impact, even after non-ignorable material damage. Water 60 impinging tests using silicon carbide (SiC) particle suspension were used to simulate the 61 water droplet erosion. It was suggested that the inclusion of fibres was more beneficial in this 62 context than the nanoparticles. The addition of fibres helps to distribute the droplet impact 63 energy more widely across the polyurethane matrix and helps to reduce the stress 64 concentration points on the coating surface by minimizing crack initiation during the 65 incubation period. Thus, less ice anchoring on the surface would be formed, leading to easier 66 ice removal and maintaining the desirable icephobic performance even after the erosion 67 impacts. 68

69 2 Experiments

Four types of polyurethane coatings were formulated in this study, and each coating was
characterised and compared in terms of surface roughness, morphology, and ice adhesion
strength before and after the impingement test.

73 **2.1 Substrates and raw materials**

Aluminium 2024-T4 plates with a size of 50 mm x 20 mm x 1 mm were used as substrates. A
two-part thermoset polyurethane resin, PMC-790 (PU), was purchased from Smooth-on

(USA). Kevlar Aramid pulp, Twaron ® 5011 (Kevlar fibres, 125 µm average length), was 76 kindly provided by Teijin Aramid GmBH (Germany). Carbiso Mil 100µ (milled carbon 77 fibres, 80-100 µm average length) was obtained from easycomposites (UK). Reduced 78 graphene nanoplatelets, CamGraph G3 (GR, lateral size of ~400 nm and flake thickness of ~3 79 nm), were purchased from FGV Cambridge Nanosystems (UK). Nanodiamonds powder (ND, 80 spherical size ≤100 nm) was procured from Jichang Metal processing Ltd. (China). Silicon 81 82 carbide particles (SC224 600 mesh) for the water impinging erosion test were supplied by Simba Materials (UK). Triton X-100 was purchased from Sigma-Aldrich (UK). All materials 83 84 were used as received.

85 **2.2 Preparation of coatings**

All aluminium plates were sandblasted to enhance the coating adhesion, using a Guyson F1200 sandblaster with 180-220 μ m alumina particles. The substrates were then washed with ethanol and deionized water thrice and dried using compressed air before the coating application.

PU solutions were magnetically stirred at a Part A : Part B ratio of 2 : 1 by weight as listed in
table 1. Different fillers were introduced and mixed in the resin solution during the stirring,
The PU resins were then ultrasonically mixed for a further 30 minutes, and brush coated on
the sandblasted aluminium substrates. All PU coatings with and without fillers were cured at
25 °C for 48 hours and post-treated at 65 °C for 4 hours.

95 Table 1: List of sample types and their compositions

Sample types	Sample codes	Coating type	Filler content (wt%)
Pure PU coatings (PU)	PU	Pristine	-
PU coatings with carbon fibres	PU-CF-0.5	Fibre reinforced	0.5
(PU-CF)	PU-CF-1		1

	PU-CF-3		3
	PU-CF-5		5
	PU-CF-20		20
PU coatings with Kevlar fibres (PU-KV)	PU-KV-0.5		0.5
	PU-KV-1		1
	PU-KV-3	Fibre-reinforced	3
	PU-KV-5		5
	PU-KV-20		20
PU coatings with nanodiamond (PU-ND)	PU-ND-0.5		0.5
	PU-ND-1		1
	PU-ND-3	Nanocomposite	3
	PU-ND-5	Nanocomposite	5
	PU-ND-20		20
	PU-ND-40		40
PU coatings with graphene (PU-GR)	PU-GR-0.5		0.5
	PU-GR-1	Nanocomposite	1
	PU-GR-3		3
	PU-GR-5]	5

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97 **2.3 Surface characterization**

A Zeta-20 non-contact optical profiler was used to evaluate the surface roughness. The roughness values reported were the average of a minimum of 30 measurements, and R_a was measured over a line stretching across the observed surface. The same system was used to observe topographical changes on the surfaces after erosion. An FEI Quanta 650 ESEM (environmental scanning electron microscope) was used to acquire microstructural images and morphological changes on the eroded coatings.

104 Shore hardness was measured using a SAUTER durometer having Shore hardness A and D 105 scales. The durometer was attached to SAUTER test stands TI-AO and TI-D for Shore 106 hardness A and D scales, respectively. The hardness reported was an average penetration 107 (Shore) value based on 10 separate measurement. Supplementary table 1 outlines the 108 complete data of surface roughness and Shore hardness measurements.

109 **2.4 Evaluation of hydrophobicity and icephobicity**

110 The sessile drop technique was used to measure water contact angles (WCAs) using an 111 FTÅ200 goniometer and 5 μ l water drops were used. The tests were conducted at room 112 temperature, and further details of the measurement were described in our previous work [23, 113 24].

A MOOG G403-2053A servo motor was used to measure the ice adhesion strength tests via a 114 centrifugal method and the test was performed in an environmental chamber (ALPHA 1550-115 40H) to simulate the freezing conditions. The ice adhesion test was conducted at a 116 temperature of -10 °C and the testing method was described previously [23, 24]. The ice 117 formation and ice adhesion test were conducted at -10 °C and are depicted in figure 1. The 118 bulk ice formation was carried out using a silicon mould attached on the coating surface, as 119 shown in figure 1a. The samples were then spun in the centrifugal chamber with a 120 counterweight (figure 1b) and the speed at the time of ice detachment was obtained. 121

122 The centrifugal shearing force F(N) is determined from Eq. (1):

$$F = mr\omega^2 \tag{1}$$

where ω (rad/s) is the rotational speed at the point of ice removal, r (m) is the rotor length, and m (kg) is the mass of ice. The ice (shear) adhesion strength τ_{ice} can then be calculated as

126
$$\tau_{\rm ice} = F/_A \tag{2}$$

127 where $A(m^2)$ is the substrate/ice contact area.

The centrifugal method to evaluate the ice adhesion strength in this work had been previously applied by many researchers [25-27] and a recent comparative study indicated its compatibility with the other widely used methods such as horizontal force transducer method [28]. However on bulk ice formations, the study indicated a systematically higher shear strength on the push methods as compared to that of the centrifugal methods. The static and dynamic water contact angles (WCAs), including advancing WCAs (AWCAs), receding
WCAs (RWCAs), contact angle hysteresis (CAH), and ice adhesion strength measurement
are summarized in supplementary table 1.



Figure 1: (a) Ice formation on a sample surface and (b) the details of the centrifugal testing
method (figure created using biorender.com)

139 **2.5** Water impinging erosion tests (WIETs)

To evaluate the coating durability, erosion tests from the impingement of silicon carbide 140 aqueous suspension were carried out. The silicon carbide suspension was prepared using 1 141 142 wt% silicon carbide microparticles and 0.1 wt% of Triton X-100. The suspension was then magnetically stirred for 4 hours. During the impinging test, the suspension was pressurized 143 through a PNR ultrasonic atomiser nozzle (MAD 0331 B1BB) using compressed gas and the 144 micro-droplets impinged onto the coating specimen. The system was maintained at a liquid 145 flow rate of 1.2 mL/s, a distance between the nozzle and the specimen of 4 cm, and a duration 146 of 90 minutes. The method had been described in detail elsewhere [22]. The surface 147 morphology, surface roughness and ice adhesion strength of the coatings were measured 148 before and after the erosion tests. 149

150 3 Results and discussion

151 **3.1 Effect of incorporated fillers on coating hardness**

The pure PU coatings exhibited a Shore hardness of 40D, and the incorporation of fillers 152 153 increased the hardness, especially for PU-KV-5, where 24 points increase was observed to 64D. The incorporation of fillers in PU-GR and PU-CF coatings led to an enhancement of the 154 hardness. However, the increase in hardness was relatively insensitive to the amount of filler 155 156 as shown in figure 2. In the PU-KV and PU-ND coatings, a significant increase in the hardness was observed with increasing filler content. Generally, the inclusion of fillers 157 158 increased the hardness of the polymeric coatings by 12~62%. Shore hardness values could be used as representative values for elastic modulus [29] and the representative values are 159 160 equivalent to elastic modulus measured via other typical methods [30].







Figure 2: Effect of fillers on the Shore D hardness of polymer coatings

3.2 Microstructural observation of the polymeric coatings

The influential role of surface roughness on ice adhesion strength is mainly due to the ice anchoring process on the surface [23, 24]. As the material suffers erosion attack, the surface morphology is randomly deteriorated in a way that could influence the icephobic performance of the coatings. The impinged surface may generate some ice anchoring points which would increase ice adhesion strength due to mechanical interlocking of the ice on the surface. Changes in the surface roughness on all the coatings as a result of the impingementwere also measured and listed in supplementary table 1.

171 **3.2.1** PU coatings

The microstructural images of the pristine PU coatings and their surface after WIETs are 172 shown in figure 3. It is evident that the surface morphology had been significantly altered and 173 the surface was much rougher after WIETs. The impinging water droplets and SiC particles 174 created cavities on the surface as shown in figure 3b. The surface roughness (R_a) also 175 176 drastically increased from 0.08 µm to 0.45 µm on the PU coatings after WIETs. The pure PU coating was also studied over a larger area and the 3D profile of an impinged PU coating is 177 shown in supplementary figure 1a. The figure shows a valley where the cavities are ~25-80 178 179 um deep, making them easy to induce mechanical interlocking of ice. The initial water 180 condensation and subsequent ice formation had been observed in the surface cavities in our previous work [23, 24]. 181

182 **3.2.1.1** Polymeric nanocomposite coatings

The surface morphology of PU-ND-3 coatings (figure 3c), has also changed considerably 183 184 after WIETs. The surface morphology of PU-GR-3 compared with PU-ND-3 coatings after WIETs are provided in supplementary figure 2a and 2b. The PU-GR-3 and PU-ND-3 185 coatings had surface roughnesses (R_a) of 0.1 µm and 0.07 µm respectively before WIETs, 186 187 and a clear increase in surface roughness to 0.21 µm was observed on both nanocomposite coatings after WIETs. Notably, the change in surface roughness was much lower than that 188 observed on the pure PU coatings, indicating that the incorporation of fillers resisted the 189 erosion attack on the nanocomposite surfaces. A mixture of cracks and cavities were formed 190 after WIETs on the surface of PU-ND-3 coating (figure 3c), instead of the cavities observed 191 on the pure PU coatings in figure 3b. 3D surface profiles of PU-ND-3 and PU-GR-3 are 192

given in supplementary figure 1b and 1c, respectively. The depth of cavities is considerably
reduced on both nanocomposite coatings as compared to the pure PU coatings, and the
cavities are up to 25 µm deep.



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Figure 3: Microstructural images of (a) before and (b) after WIETs on the pure PU coatings
and after WIETs on (c) PU-ND-3, (b) PU-ND-20, (e) PU-KV-3, and (f) PU-KV-20 coatings

199 3.2.1.2 Polymeric fibre-reinforced coatings

The microstructural image of PU-KV-3 coatings after WIETs is shown in figure 3e. Similar images after WIETs on PU-CF-3 compared with PU-KV-3 coatings are given in supplementary figure 2c and 2d, respectively. Surface roughness (R_a) changed from 0.07 μ m 203 on PU-CF-3 coatings to 0.27 μ m and from 0.10 μ m on PU-KV-3 coatings to 0.25 μ m after 204 WIETs. Both impinged fibre-reinforced coatings indicated a larger increase in surface 205 roughness as compared to the impinged nanocomposite coatings. Closer inspection of figure 206 3e and supplementary figure 2c suggests that a significant portion of polymeric surface was 207 largely intact and the fibres were effective to restrain crack initiation, significantly reducing 208 the number of surface cavities.

The material damage around the fibres in the composite coatings is shown in figure 5c and 5d. 3D profile of impinged PU-KV-3 surface, shown in supplementary figure 1d, indicates the surface damage incurred after the erosion tests. The 3D profile of impinged PU-CF-3 coatings is shown in supplementary figure 1e. The cavities on both fibrous coatings are ~40-70 μ m in depth.

214 **3.2.2** Inclusion of high weight percentages of fillers

In section 3.2.1, the coatings incorporated with 3 wt% fibres demonstrated more promising results in terms of maintaining icephobic performance than the equivalent loading of nanoparticles. In this section, coatings with higher filler contents were prepared to explore the possibility of enhancing the durability of the polyurethane matrix. This could further reduce the number of ice anchoring points and help to maintain low ice adhesion strength.

220 **3.2.2.1** PU nanocomposite coatings

The incorporation of nanodiamonds in PU coatings was limited to a maximum of 40 wt%. Further incorporation was difficult to process as the formulated solutions were highly viscous, thus, not suitable for the brush application. The surface roughness (R_a) changed from 0.21 µm to 0.24 ± 0.03 µm (slight increase) on PU-ND-20 and from 0.21 µm to 0.17 ± 0.02 µm (slight decrease) on PU-ND-40 before and after WIETs. Overall, the surface roughness after WIETs decreased with a higher concentration of nanodiamonds. The surface morphology of PU-ND-40 coating after WIETs and the surface cavities generated are shown in figure 4a and 4b, and the cavities have the depth around 13 μ m, whereas those on PU-ND-3 surface are ~25 μ m deep (supplementary figure 1b).



Figure 4: (a) 3D profile and (b) 2D image of PU-ND-40 coatings and (c) 3D profile and (d)
22 2D image of PU-KV-20 coatings after WIETs

The morphological changes on PU-ND-3 and PU-ND-20 surfaces are shown in figure 3c and 3d, respectively. It is clear that the morphological damage on the surface was further reduced with a higher concentration of nanodiamonds and the number of cavities was considerably reduced. Figure 3d indicates that the cavities on PU-ND-20 surface, which could be ice anchoring sites, were reduced in both the numbers and the depth when compared to those on PU-ND-3 coatings, as shown in figure 3c.

239 3.2.2.2 Fibrous PU coatings

A maximum of 20 wt% of Kevlar and carbon fibres were incorporated in the PU matrix, andthe microstructural images of both fibre-reinforced coatings after the erosion damage are

shown in figure 4b and supplementary figure 3. Both coatings demonstrated promising durability during WIETs and the surface roughness did not change significantly compared to that on as-prepared surfaces. The surface roughness (R_a) on PU-CF-20 coatings changed from 0.12 µm to 0.15 µm after WIETs, and from 0.12 µm to 0.22 µm on PU-KV-20 coatings. The 20 wt% fibre-reinforced coatings demonstrated the lowest increase in surface roughness after WIETs across all the studied coatings. The depth of cavities on PU-KV-20 coatings was in the range of ~2-7 µm, nearly halved in magnitude compared to those on PU-ND-40 coatings.

249 The number of cavities was also reduced on the 20 wt% fibre-reinforced coatings as compared to those on the 3 wt% fibre-reinforced coatings. A comparison between PU-KV-3 250 and PU-KV-20 coatings is shown in figure 3e and 3f. The high filling of fibres in 251 polyurethane coatings was in favour of resisting the microstructural damage caused by the 252 253 erosion. Less number of surface cavities was observed on the 20 wt% fibre-reinforced coatings, and the depth of the cavities was also reduced. In terms of fibres, carbon fibres in 254 this study were more effective in resisting the morphological changes when compared to 255 Kevlar fibres, as shown in figure 5a and 5b. Figure 5 also indicates an obvious size reduction 256 of the cavities on PU-CF-20 coatings and the size of cavities is significantly reduced (around 257 258 10 µm).





Figure 5: (a) PU-KV-20 and (b) PU-CF-20 coatings after WIETs. Possible material damage
around the incorporated (c) Kevlar and (d) carbon fibres

262 **3.2.3** Impact of impinging erosion on ice adhesion strength

Many researchers have used cyclic de-icing tests to evaluate icephobic performance of the coatings [8-11] and abrasion tests to evaluate the durability icephobic coatings [14-18]. However, the impingement test is more representative of real-application conditions to evaluate the coating durability when considering the potential applications in aerospace and wind turbine. Ice adhesion strengths, before and after WIETs, on specific coatings are shown in figure 6d. Generally, the coating hardness had a direct effect on ice adhesion strength.

269 **3.2.3.1** Pre-impingement tests

Ice adhesion strengths on all the as-prepared samples were less than 7 KPa, except for PUKV-0.5, PU-KV-20, and PU-GR-5 coatings, as indicated in figure 6b. Higher ice adhesion
strengths on PU-KV-20 and PU-GR-5 are thought to be due to the changes in morphology
resulted from the higher filler concentrations. PU-KV-0.5 is an exception and its relatively

high ice adhesion strength may be mainly attributed to surface defects formed during the 274 coating preparation, which is evidenced by the higher surface roughness as listed in 275 supplementary table 1. A direct relation of ice adhesion strength with shore hardness is drawn 276 in figure 6a. For example, the incorporation of 20 wt% of Kevlar fibres in the PU matrix 277 leads to an increase in shore hardness to 78D and a 4-fold in ice adhesion strength was 278 measured. The incorporation of fillers could alter the surface characteristics and influence the 279 280 ice formation process, as observed in the PU-KV-0.5 coatings. Generally, the ice adhesion strength increased with the incorporation of fillers, but they were mostly kept under 10 kPa 281 282 before WIETs.

283 **3.2.3.2** Post-impingement tests

284 The ice adhesion of the pristine and impinged PU coatings is 2.6 kPa and 83.1 kPa 285 respectively, indicating approximately 32-fold increase after the erosion. Compared to the values of the pure PU coatings, the ice adhesion strength of PU-GR-3 coatings after WIETs 286 287 was nearly halved. Similar results were also observed on PU-ND-3 coatings for which the ice adhesion strength changed from 2.7 kPa to 45.4 kPa after WIETs. This value of PU-KV-3 288 coatings changed from 5.1 kPa to 16.1 kPa after WIETs; while on PU-CF-3, it increased from 289 290 5.6 kPa to 16.8 kPa. Overall, the ice adhesion increased by approximate 3 folds on the 3wt% fibrous PU coatings after WIETs. The incorporation of high filling of nanodiamonds (higher 291 292 than 3 wt%) resulted in reduced ice adhesion as compared to that of PU-ND-3 coatings. The ice adhesion strength on PU-ND-20 coatings decreased from 39.9 kPa to 28.9 kPa on PU-293 ND-40 coatings. The increase in ice adhesion on PU-KV-20 and PU-CF-20 coatings after 294 WIETs was 1.4 fold and 2-fold, respectively. Compared to the pure PU coatings, a ~10-fold 295 reduction in ice adhesion strength after WIETs was obtained on the PU-CF-20 coatings, 296 whereas it was a ~5-fold reduction on the PU-KV-20 coatings. 297



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Figure 6: Ice adhesion strength in comparison to (a) Shore D hardness values, surface roughness (b) before and (c) after WIETs. (d) Ice adhesion strength before and after WIETs The incorporation of fillers was effective in resisting the formation of larger and/or deeper cavities, as shown in figure 3, and the possible ice anchoring was either reduced or weakened. These specific changes in ice adhesion strength indicate that the post-impingement icephobic

performance was intrinsically dependent on the filler contents and structures. Fibres are likely 304 to induce less ice anchoring points and fewer microstructural changes after WIETs. The 305 306 ability of ice to anchor on the surface is highly reliant on the surface roughness [23, 24], and the post-impingement ice adhesion is plotted against the impinged surface roughness in figure 307 6c. It is evident that the fibre-reinforced surfaces minimized the surface crack propagation 308 and there were fewer anchoring points available, thus facilitating the removal of ice. The 309 310 figure also highlights the dominating role of surface roughness and no apparent correlation with the relation to shore hardness values is observed. Fundamentally, the inclusion of fillers 311 312 results in improved durability of the PU coatings. In terms of icephobic performance, it is impressive that PU-CF-20 coatings still maintains the ice adhesion strength below 10 kPa 313 after the silicon carbide suspension impinging erosion, and only a 1.4 fold increase in ice 314 adhesion strength is observed, which is a significant improvement as compared to that on the 315 pure PU coatings. 316

317 **3.3 Surface durability enhancement mechanisms**

The enhanced durability on the polymeric coatings could be explained in two distant 318 mechanisms: surface characteristics and erosion resistance. Firstly, polymeric coatings with 319 320 low elastic modulus are likely to induce low ice adhesion strength. It was reported that ice adhesion strength decreased with the decrease of polymeric cross-link density [13, 31]. From 321 literature, the incorporation of Kevlar fibres, carbon fibres, nanodiamonds [32-34], and 322 graphene [35] often indicated a significant increase in mechanical properties of the polymeric 323 matrix. The Shore hardness measured in this work also indicts the enhanced hardness after 324 the incorporation of fillers, which also suggests an increase in the elastic modulus [29]. Thus, 325 the results support the need to lower down elastic modulus of polymers to induce a low ice 326 adhesion. However, ice shear mechanism is a complex phenomenon and requires similar 327 surface characteristics to draw conclusions. The surface roughness of the coatings is a 328

dominating factor for the ice adhesion strength [24]. Surface anomalies or cavities play an 329 important role and could encourage ice anchoring that may enhance ice adhesion strength. 330 331 The incorporation of carbon and Kevlar fibres produced mechanically reinforced composite coatings. However, at 20 wt% fibres loading, the Kevlar-reinforced coatings suffered higher 332 damage, evidenced by the deeper and wider cavities as compared to those on carbon fibres 333 reinforced coatings. The damage on PU-KV-20 coatings could be explained from the fibre 334 335 interface bonding and the fibre aspect ratio. Firstly, In terms of fibre interfacial bonding with the polymeric matrix, carbon fibres demonstrated higher interfacial strength than Kevlar 336 337 fibres, as reflected from the eroded coating surface: the carbon fibre was still tightly packed in the polyurethane matrix, whereas the Kevlar fibre was exposed after the erosion impact 338 (figure 5c and 5d). Secondly, the interfacial bonding of fibres is closely related to the 339 toughening mechanisms, such as fracture energy and fracture toughness, and the work of 340 341 fracture would be greatly increased due to interfacial friction between the matrix and fibres [36]. Lastly, the mechanical properties were demonstrated to be strongly dependent on the 342 aspect ratio of the reinforcing fibres, and the aspect ratio of the carbon fibres (~14) used in 343 this work is much higher than that of Kevlar fibres (~3). It is believed that filler with a higher 344 aspect ratio would provide greater resistance against erosion impact [37]. 345

Secondly, the erosion of material induces cracks on the surface. The crack initiation and 346 347 propagation can be described as a combination of four mechanisms: (1) direct removal of material or deformation caused by the direct high-speed impact; (2) propagation of stress 348 waves across the material; (3) fatigue incurred by the surface with repetitive droplet 349 impinging; (4) the inability of material to elastically recover (progression into plastic 350 deformation region) before the next impact event [38]. The erosion resistance depends on 351 how the material behaves at the impact zone and how stress waves generated at the impact 352 zone are propagated to the rest of the solid target. These stress waves consist of three 353

multidirectional waves as illustrated in figure 7a [39]. The velocities at which these waves propagate depend on the material density, Poisson's ratio and elastic modulus of the target. Microstructural discontinuities also result in enhanced stress waves due to stress concentrations on the surface, and the material may experience structural failure if the stress waves exceed the dynamic fracture strength of the target material [40].



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Erosion resistance of the polyurethane coatings, thus, could be imparted by carefully selecting and incorporating fillers in the matrix in order to distribute the stress waves effectively. However, it is imperative to understand the causes that initiate the erosion deterioration in the coatings and which material properties could be linked to erosion initiation. Erosion initiation in wind turbine blades has been widely debated and surface fatigue was identified as a key failure mechanism [41-43]. Fatigue of the coating during erosion can be explained using two mechanisms. Firstly, water impinging is a form of

repetitive loading and the fractures are often observed after the spot has been struck by 370 several impacts [44]. In this work, the impingement test consists of a mixture of water with 371 372 hard SiC particles, and the particles could inflict a higher scratch and cause more damage upon impact as compared to water droplets, as illustrated in figure 7b. The depletion and 373 deterioration of the surfaces caused by impinging particles were also observed in figure 3, 4, 374 and 5. Secondly, the fractures caused by the erosion may lead to a fatigue failure [45]. 375 376 However, Alder et al. [46] indicated that fatigue may play a secondary role. They found that the topological changes in the surface or cracks initiations during the incubation period are 377 378 the main factors that accelerate the erosion rate. Thus, erosion resistance could be imparted in the polymeric coatings by deploying materials and/or incorporation of fillers that limits crack 379 initiation and propagation, and preventing the generation of stress concentration points which 380 may accelerates the erosion rate [47]. These cracks may also prompt the possible formation 381 of ice anchoring points, resulting in the mechanical interlocking of ice on the surface. Thus, 382 preventing the crack initiations on the surfaces has clear advantages for maintaining 383 icephobic performance. 384

High erosion resistance in elastomers is linked to their viscoelastic behaviour and low 385 modulus prevents the pressure buildup, thus avoiding the stress concentrations across the 386 surface, making them a better candidate for heavy rain impact erosions [44]. However, 387 388 elastomers frequently fail underneath the surface under repetitive loads, while the surface remains intact. The erosion process on the fibre-reinforced elastomeric coatings could be 389 explained by two modes. Firstly, the local resin removal may result in the exposure of fibres 390 to the erosive environment. Secondly, there could be breakage of fibres as a result of direct 391 impingement and cracks may start to form around and perpendicular to the fibre length as 392 shown in figures 5c and 5d. Erosion impact on unfilled thermoset polymers induces breakage 393 and massive chunking of resin due to their brittle behaviour. A massive increase in surface 394

roughness was observed on the unfilled PU coatings in this study, as illustrated in figure 3b and supplementary figure 1a. Instead, the incorporation of fibres in the resins results in chipping and fracture of fibres instead of polymeric fractures, and the composite's ability to withstand repetitive impact loads is greatly enhanced. The degree of surface cracks can be greatly reduced on the coating surface after the incorporation of fibres. Fibres also hold the polymeric structure in place and provide a discontinuous path for shock transmission through the material as compared to the pure polymeric resin, as simulated in figure 7c.

To conclude, the fibre structures in elastomeric coatings effectively distribute the water 402 droplets/sands energy across the composite structures without significant damage to the 403 polyurethane matrix. The inclusion of fibres is also known to prevent crack initiations, 404 making them the ideal candidate for icephobic applications, particularly since cracks serve as 405 possible ice anchoring points. Specifically, carbon fibre reinforced coatings are promising 406 candidates for icephobic applications as they have superior fatigue resistance as compared to 407 Kevlar fibre filled composites [48]. Our experiments confirmed that the carbon fibre 408 reinforced coatings had better erosion resistance and the surface cavities were much smaller 409 on Kevlar fibre-reinforced coatings. Carbon fibre reinforced elastomeric coatings have all 410 four characteristics for ideal durable icephobic coatings: higher erosion resistance, inhibition 411 of surface cracks, ability to resist the plastic deformation, and stiff fibres to withstand against 412 413 the significant structural loading conditions.

414 **4** Conclusions

A new approach was developed to enhance the durability of low ice adhesion polyurethane coatings in this study. The incorporation of micro-fibres and nanoparticles in the coating matrix was driven by the need of enhancing durability in surface icephobicity under erosion impact. Ice adhesion strength after erosion was maintained to a low level with the incorporation of the fillers as compared to the pure PU coatings.

It was found that the fibre reinforcement was more effective in restricting the surface damage 420 as compared to the addition of nanofillers. The ice adhesion strengths on the pristine and 421 impinged PU coatings were 2.6 kPa and 83.1 kPa, respectively. As a comparison, the ice 422 adhesion strength of the PU coatings with 20 wt% carbon fibres slightly increased from 5.6 423 kPa to 8.4 kPa, essentially keeping the adhesion below 10 kPa even after the erosion, and a 424 ~10-fold reduction in ice adhesion strength was achieved as compared to that of the pure PU 425 426 coatings. This distinction could be explained by better interfacial bonding and higher aspect ratio of the carbon fibres in the PU matrix. 427

The significantly improved icephobic durability of the carbon fibre-reinforced PU coatings 428 could be attributed to the reduced number and shallowed surface cavities. The number/size of 429 surface cavities formed during water erosion, which could act as possible ice anchoring 430 points, were minimized with the incorporation of the fillers. The inclusion of fibres helps to 431 distribute the droplet/sand impact energy more widely which could reduce the stress 432 concentration in the coatings by minimizing crack initiation during the incubation period. The 433 methodology proposed in this work can also be used for the durability enhancement of other 434 polymeric coatings, especially the coatings designed for high-impingement conditions or 435 erosive environments. 436

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Supplementary information

Durability Enhancement of Low Ice Adhesion Polymeric Coatings

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			Before WIETs					After WIETs		Shoro	
Coating	Fillor	Filler	WCA	AWCA	BWCA	САН	Ice adhesion		Ice adhesion		Hardnoss
names	Filler	(wt %)					strength	R _a (μm)	strength	R _a (μm)	
			(*)	(*)	(*)	(*)	(kPa)	-	(kPa)		(Scale D)
PU	-	-	66 ± 1	68 ± 1	44 ± 1	24 ± 2	2.6 ± 1	0.08 ± 0.01	83.1 ± 11	0.45 ± 0.05	40 ± 3
PU-CF-0.5	Carbon Fiber	0.5	64 ± 1	75 ± 1	41	34 ± 1	4.1 ± 1	0.07 ± 0.01	-	-	54 ± 3
PU-CF-1	Carbon Fiber	1	64 ± 2	72	43 ± 1	28 ± 2	5.3 ± 2	0.06 ± 0.01	-	-	54± 4
PU-CF-3	Carbon Fiber	3	59 ± 5	68 ± 1	41 ± 1	27 ± 2	5.6 ± 1	0.07 ± 0.01	16.8 ± 0.5	0.27 ± 0.03	55 ± 1
PU-CF-5	Carbon Fiber	5	63 ± 3	69 ± 1	41 ± 1	28 ± 1	6.7 ± 2	0.08 ± 0.01	-	-	55 ± 3
PU-CF-20	Carbon Fiber	20	60 ± 1	66 ± 3	39 ± 2	27 ± 3	5.8 ± 1	0.12 ± 0.03	8.4 ± 1	0.15 ± 0.02	65 ± 6
PU-KV-0.5	Kevlar Fiber	0.5	72 ± 4	75 ± 2	44 ± 2	32 ± 3	12.3 ± 1	0.15 ± 0.01	-	-	58 ± 2
PU-KV-1	Kevlar Fiber	1	64 ± 1	73 ± 1	45	28 ± 1	7 ± 0.5	0.08 ± 0.01	-	-	63 ± 1
PU-KV-3	Kevlar Fiber	3	64 ± 5	73 ± 2	44	29 ± 2	5.1 ± 0.5	0.10 ± 0.01	16.1 ± 6	0.25 ± 0.02	63 ± 2
PU-KV-5	Kevlar Fiber	5	63 ± 2	68	43 ± 1	25 ± 1	6.8 ± 0.5	0.10 ± 0.01	-	-	65 ± 4
PU-KV-20	Kevlar Fiber	20	62 ± 2	66 ± 2	40 ± 4	26 ± 3	16.2 ± 1	0.12 ± 0.01	31.8 ± 4	0.22 ± 0.03	78 ± 7
PU-ND-0.5	Nanodiamond	0.5	67 ± 1	71	45 ± 1	26 ± 1	5.6 ± 0.5	0.11 ± 0.01	-	-	47 ± 1
PU-ND-1	Nanodiamond	1	65 ± 4	70 ± 1	43 ± 1	26 ± 2	3.9 ± 0.5	0.06 ± 0.01	-	-	49 ± 3
PU-ND-3	Nanodiamond	3	62 ± 1	68 ± 1	46	22 ± 1	2.7 ± 0.5	0.07 ± 0.01	45.4 ± 8	0.21 ± 0.04	55 ± 2
PU-ND-5	Nanodiamond	5	61 ± 3	67 ± 1	45 ± 1	22	2.7 ± 0.5	0.04 ± 0.01	-	-	57 ± 5
PU-ND-20	Nanodiamond	20	60 ± 1	63 ± 1	37 ± 1	26 ± 2	3 ± 0.5	0.07 ± 0.01	39.9 ± 5	0.24 ± 0.03	72 ± 8
PU-ND-40	Nanodiamond	40	54 ± 1	61 ± 1	26	35 ± 1	4.8 ± 0.5	0.11 ± 0.01	28.9 ± 7	0.17 ± 0.02	74 ± 6
PU-GR-0.5	Graphene	0.5	67 ± 5	65 ± 2	37 ± 1	28 ± 1	4 ± 0.5	0.07 ± 0.01	-	-	45 ± 1
PU-GR-1	Graphene	1	60 ± 3	64 ± 2	38	26 ± 2	3.8 ± 0.5	0.06 ± 0.01	-	-	47 ± 1
PU-GR-3	Graphene	3	60 ± 5	70 ± 1	43 ± 1	27 ± 2	2.8 ± 0.5	0.10 ± 0.01	43.3 ± 6	0.21 ± 0.03	47 ± 3
PU-GR-5	Graphene	5	69 ± 3	76 ± 1	44 ± 3	32 ± 3	11.7 ± 2	0.12 ± 0.01	-	-	48 ± 2

Supplementary Table 1: Complete list of the results



Sup. Fig. 1: 3D surface profile of (a) pure PU, (b) PU-ND-3, (c) PU-GR-3, (d) PU-KV-3, and (e)

PU-CF-3 coatings after WIETs.



Sup. Fig. 2: Microstructural images of (a) PU-GR-3, (b) PU-ND-3, (c) PU-CF-3, and (d) PU-

KV-3 coatings after WIETs. All images have the same scale bar.



Sup. Fig. 3: (a) 3D profile and (b) 2D image of PU-CF-20 coatings after WIETs.